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1. Extended Data

Figure #	Figure title One sentence only	Filename	Figure Legend
		This should be the name the file is saved as when it is uploaded to our system. Please include the file extension. i.e.: <i>Smith_ED_Fi_1.jpg</i>	If you are citing a reference for the first time in these legends, please include all new references in the Online Methods References section, and carry on the numbering from the main References section of the paper.
Extended Data Fig. 1	February and April snowfall anomalies linked to low AASIC.	Fei_ED_Fig_1.eps	The regressions of (a) February and (b) April snowfall (unit: mm water equivalent day ⁻¹) upon the negative February AASIC index for 1979–2018. Those values exceeding 95% confidence interval are denoted by gridding. The brown lines mark the axes of the climatological polar and subtropical westerly jets here and hereafter. The thick black line marks the boundary of the TP, based on the altitude of 2600 m above sea level here and hereafter.
Extended Data Fig. 2	Lead-lag circulation anomalies linked to low AASIC.	Fei_ED_Fig_2.eps	The regressions of (a) January, (b) February, (c) March and (d) April Rossby wave source (shaded; unit: 10 ⁻¹⁰ s ⁻²)/geopotential height (contours; unit: 10 m) at 200 hPa upon the negative February AASIC index for 1979–2018. Those values of Rossby wave source exceeding 95% confidence interval are denoted by gridding. The solid and dashed contours respectively indicate positive and negative values here and hereafter.
Extended	Land-atmosphe	Fei_ED_Fig_3	The correlations between 2 m air

Data Fig. 3	re coupling in February and April.	.eps	temperature and snow water equivalent in (a) February and (b) April for 1979–2018. Those values exceeding 99% confidence interval are denoted by gridding.
Extended Data Fig. 4	March snowpack anomalies linked to low AASIC.	Fei_ED_Fig_4 .eps	The regressions of March snow water equivalent (shaded; unit: cm)/2 m air temperature (contours; unit: °C) upon the negative February AASIC index for 1979–2018. Those values of snow water equivalent exceeding 95% confidence interval are denoted by gridding.
Extended Data Fig. 5	April blocking activity anomalies linked to low AASIC and low Ural SWE.	Fei_ED_Fig_5 .eps	(a) The time evolutions of the normalized negative February AASIC (black), April TP 10 m wind speed from the ERA-Interim (blue) and negative April Ural SWE (red). The regressions of April frequency of blocking heights (shaded; unit: %)/geopotential height (contours; unit: 10 m) at 500 hPa upon (b) the negative February AASIC and (c) the negative April Ural SWE indices for 1979–2018. Those values of frequency of blocking heights exceeding 95% confidence interval are denoted by gridding. The red rectangular box marks the region used to define the Ural SWE index in (b).
Extended Data Fig. 6	February AASIC, April snowpack and circulation anomalies linked to low Ural SWE.	Fei_ED_Fig_6 .eps	The regressions of (a) February sea-ice concentration (shaded; unit: %)/surface turbulent (sensible + latent) heat flux (contours; unit: 10^5 J m^{-2}), (b) April snow water equivalent (shaded; unit: cm)/2 m air temperature (contours; unit: °C) and (c) April zonal wind (shaded; unit: m s^{-1})/geopotential height (contours; unit: 10 m) at 200 hPa upon the negative April Ural SWE index for 1979–2018. Those values of (a) turbulent heat flux, (b) snow water equivalent and (c) zonal wind exceeding 95% confidence interval are

			denoted by gridding. The red line marks the sea-ice edge in (a).
Extended Data Fig. 7	April horizontal and vertical circulation climatology over the “Pan-Third Pole” and linked to TP 10 m wind speed.	Fei_ED_Fig_7 .eps	The climatological (a) 10 m horizontal wind (vectors; unit: m s^{-1})/AOD 550 nm observed by MODIS (shaded) and (b) vertical-zonal wind (vectors; unit: m s^{-1})/vertical velocity (shaded; unit: m s^{-1}) along 28°N in April for 2003–2018. (c, d) As (a, b) except for the regressions upon the April TP 10 m wind speed index from the ERA-Interim. Those values of (c) AOD and (d) vertical-zonal wind exceeding 99% confidence interval are denoted by gridding. The circle and square respectively mark the locations of Nam Co and QOMS in (a, c). The vertical component is multiplied by 100 in (b, d). Topography is shaded by black in (b, d). The vectors of horizontal wind and vertical-zonal wind are plotted where the scales are respectively greater than 0.75 m s^{-1} in (a)/ 0.15 m s^{-1} in (c) and 0.4 m s^{-1} in (d).
Extended Data Fig. 8	April backward trajectories at QOMS in 2016 and 2015	Fei_ED_Fig_8 .eps	The April MODIS AOD 550 nm anomalies (shaded), compared to the climatology of 2003–2018, and 3-day backward air-mass trajectories, shown by mean backward trajectory for six clusters (color lines; 3-D view shown below) arriving at QOMS (1000 m above ground level) in (a) 2016 and (b) 2015. The numbers indicate the percentages of daily trajectories with the origins. The square marks the location of QOMS.

4 **2. Supplementary Information:**

5 **A. Flat Files**

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Item	Present?	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. The extension must be .pdf	A brief, numerical description of file contents. i.e.: <i>Supplementary Figures 1-4, Supplementary Discussion, and Supplementary Tables 1-4.</i>
Supplementary Information	Yes	SI_r3.pdf	Supplementary Table 1 and Supplementary Figures 1–6
Reporting Summary	No		

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9 **B. Additional Supplementary Files**

10 **Complete the Inventory below for all additional Supplementary**
11 **Files that cannot be submitted as part of the Supplementary**
12 **Information PDF.**

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- Do not list Supplementary Figures in this table.
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○ Supplementary Videos

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Type	Number If there are multiple files of the same type this should be the numerical indicator. i.e. “1” for Video 1, “2” for Video 2,	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file	Legend or Descriptive Caption Describe the contents of the file

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23 3. Source Data

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Parent Figure or Table	Filename This should be the name the file is saved as when it is uploaded to our system, and should include the file extension. i.e.: <i>Smith_SourceData_Fig1.xls</i> , or <i>Smith_Unmodified_Gels_Fig1.pdf</i>	Data description e.g.: Unprocessed Western Blots and/or gels, Statistical Source Data, etc.
Source Data Fig. 1	<i>Fei_SourceData_Fig1.xlsx</i>	Statistical Source Data
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25 **Arctic sea-ice loss intensifies aerosol transport to the Tibetan Plateau**

26

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50 **The Tibetan Plateau (TP) has recently been polluted by anthropogenic emissions**
51 **transported from South Asia, but the mechanisms conducive to this aerosol**
52 **delivery are poorly understood. Here we show that winter loss of Arctic sea ice**
53 **over the subpolar North Atlantic boosts aerosol transport toward the TP in April,**
54 **when the aerosol loading is at its climatological maximum and preceding the**
55 **Indian summer monsoon onset. Low sea ice in February weakens the polar jet,**
56 **causing decreased Ural snowpack via reduced transport of warm, moist oceanic**
57 **air into the high-latitude Eurasian interior. This diminished snowpack persists**
58 **through April, reinforcing the Ural pressure ridge and East Asian trough,**
59 **segments of a quasi-stationary Rossby wave train extending across Eurasia.**
60 **These conditions facilitate an enhanced subtropical westerly jet at the southern**
61 **edge of the TP, invigorating upslope winds that combine with mesoscale updrafts**
62 **to waft emissions over the Himalayas onto the TP.**

63

64 The Tibetan Plateau (TP) is known as the “Third Pole” and contains the largest land
65 ice masses outside the polar regions (Fig. 1a)¹. Situated at a high altitude but at low
66 latitudes, the TP has a scarce local population and limited local emission of air
67 pollution, but it is surrounded by large deserts, such as the Taklamakan Desert in
68 northwest China and the Thar desert in South Asia, and by the largest and heavily
69 populated agriculture basin, i.e., the Indo-Gangetic Plain (IGP) in South Asia. These
70 represent large sources of natural dust or anthropogenic air pollutants from biomass
71 burning and fossil fuel usage². Previous studies demonstrated that the anthropogenic
72 aerosols from South Asia (mainly the IGP) can reach the interior of the TP after
73 crossing the Himalayas, albeit those studies were often based on limited,
74 discontinuous monitoring of either aerosol optical depth (AOD)^{3, 4, 5}, ozone⁶, black
75 carbon⁷ or organic carbon^{8, 9}. Such studies also indicated that frequent aerosol
76 pollution (e.g., biomass burning) events over the TP occurred during the pre-monsoon
77 period and that the combination of westerlies and local mountain-valley breeze acts as
78 a transport pathway^{10, 11, 12}. The light-absorbing aerosols (e.g., black carbon, brown
79 carbon and dust) deposited on the glacier/snow surface contribute to heat and shrink
80 the local cryospheric system^{13, 14}, impacting the water supply for billions of people¹⁵,
81 ¹⁶. The TP surface heating also produces an “elevated heat pump” effect, lifting up
82 aerosols hence altering the large-scale meridional tropospheric temperature gradient
83 and increasing the Indian monsoonal precipitation^{17, 18}. Although some preferred
84 atmospheric circulation patterns could be more conducive to aerosol transport to the
85 TP, their characteristics and the relevant mechanisms are not well understood.

86 The Arctic sea-ice cover over the subpolar North Atlantic, particularly in the
87 Greenland, Barents and Kara Seas (hereafter AASIC), rapidly decreased over the past
88 decades¹⁹. The influence of AASIC loss and variability onto mid-latitude Eurasia
89 during autumn and/or winter has been extensively investigated by observational and
90 model studies, which demonstrated an impact on the westerly jet stream and extreme
91 weather^{20, 21, 22, 23}. However, some modelling studies disagree with the observed links,
92 and the role of AASIC reduction in the causation of these winter circulation anomalies
93 and cold continental surface air temperature (SAT) is still under debate^{24, 25, 26}.

94 Another mid-latitude atmospheric response to the AASIC loss is the increased
95 frequency of severe winter haze events in Eastern China, resulting from the reduced
96 surface northerlies and the enhanced thermal stability of the lower atmosphere²⁷.
97 However, despite a previous study identifying a springtime teleconnection between
98 the North Atlantic and TP through the propagation of a quasi-stationary Rossby wave
99 train across Eurasia²⁸, there has been little focus on the impact of AASIC change at
100 more southern Eurasian latitudes, such as over the TP.

101 This study presents evidence that low sea ice (AASIC) in late winter has a great
102 potential for modulating the spring atmospheric circulation patterns across Eurasia
103 and cross-Himalayan aerosol transport. The results are based on synthetic analysis on
104 multi datasets such as ground-based remote sensing of AOD (Supplementary Fig. 1)
105 and meteorological measurements at two specific stations (Nam Co and QOMS) over
106 the TP, global satellite observations of sea ice and atmospheric and land reanalyses.

107

108 **TP aerosol loading.** Here we use a decade-long record of AOD 500 nm at Nam Co
109 (2006–2016) and QOMS (2009–2017), which are respectively located in the interior
110 of the TP and at the southern edge of the TP, just north of the Himalayas (Fig. 1a).
111 Despite this AOD record being discontinuous, with some missing days and months in
112 some years (Supplementary Fig. 2), a pronounced annual peak is observed in April
113 both at Nam Co (0.093 ± 0.039) and QOMS (0.081 ± 0.029 ; Figs. 1b and 1c: black).
114 Early studies have shown that the annual baseline values of AOD observed at the two
115 stations are nearly equal and very low (0.029 at Nam Co and 0.027 at QOMS)⁵, which
116 reflects the background aerosol loading. In some extreme events in April, the daily
117 AOD at the two stations has a sharp increase by 10–20 times relative to the baseline
118 values (Supplementary Figs. 2c and 2d), suggesting transport of exogenous aerosols
119 from the surrounding areas (e.g., the Taklamakan Desert and the IGP).

120 The AOD and Ångström exponent (AE; as a qualitative indicator of aerosol
121 particle size, with low AE indicating coarse particles) can be used together to classify
122 aerosol types into the clean continental background, dust, anthropogenic aerosols (e.g.,
123 from biomass burning) or else aerosol mixtures, with a unique criterion over the TP

124 (Supplementary Fig. 3)⁵. The anthropogenic and dust aerosols are respectively fine
125 and coarse in size²⁹. Further, the spectral deconvolution algorithm was applied to
126 separate AOD into fine- and coarse-mode AOD (Supplementary Table 1)³⁰. Again, it
127 retrieves an annual peak of fine-mode AOD in April at Nam Co (0.047 ± 0.042) and
128 QOMS (0.065 ± 0.031 ; Figs. 1b and 1c: orange). It is also noteworthy that, in April, the
129 fine- and coarse-mode AOD are equivalent at Nam Co, but the fine-mode AOD
130 prevails at QOMS (Supplementary Fig. 4). The fine-mode AOD is linearly linked to
131 the surface wind speed on the daily timescale only at QOMS, while the fine-mode
132 AOD at QOMS and Nam Co are closely correlated (Supplementary Fig. 5). This
133 evidence suggests that the anthropogenic emissions from South Asia can waft over the
134 Himalayas when the wind speed is large and spread to the interior of the TP¹¹.

135 The *in situ* records of surface wind speed and precipitation (2006–2016) indicate
136 that Nam Co and QOMS are under the same climate regime. The meteorological
137 conditions are characterized by strong mid-latitude westerlies in winter and by heavy
138 Indian monsoon precipitation in summer³¹. As such, Nam Co (QOMS) exhibits
139 maximum 1.5 m (2 m) wind speed in January (February) and maximum precipitation
140 in August (July) (Figs. 1d and 1e). Besides, in the winter and pre-monsoon season, the
141 East Asian subtropical westerly jet (EASWJ) is found at the southern edge of the TP
142 (at about 28°N)³², and the observed intensity of the westerlies is much stronger at
143 QOMS than at Nam Co. A more detailed discussion of the transport of aerosols
144 related to strong westerlies will be elucidated in the following section.

145

146 **Arctic-Ural-TP teleconnection.** Attention now turns to the potential impacts of
147 winter AASIC change. Using a regression method, we consider how the sea-ice
148 variability in February influences the late-winter and spring circulations across
149 Eurasia, through modulation of the EASWJ position and intensity, blocking activity
150 and quasi-stationary Rossby waves. Figure 2a illustrates the February sea-ice
151 concentration and surface turbulent (sensible + latent) heat flux anomalies over the
152 subpolar North Atlantic, regressed upon the negative February AASIC index for
153 1979–2018. Reduced sea-ice concentrations along the sea-ice edge concur with

154 negative turbulent heat flux anomalies, which indicate above-normal heat flux from
155 the ocean to the atmosphere, and raised local SAT and air temperature aloft (Figs. 3a
156 and 3b: contours). Moreover, the meridional gradient of the mean tropospheric
157 temperature reduces at northern Eurasian latitudes, and as a result, there is a marked
158 deceleration of 200-hPa zonal wind from the core of the polar jet over western Europe
159 across northern Eurasia (Figs. 3b and 3c: shaded). This zonal wind decrease leads to a
160 lessened transport of warmer, moister oceanic air, thereby reducing snowfall
161 (Extended Data Fig. 1a) and snow water equivalent (SWE; Fig. 3a: shaded) across the
162 45°–70°N latitudinal band. In addition, cold anomalies emerge particularly over
163 central and eastern Eurasia. The gradient increases further south, across the 20°–45°N
164 latitudinal band, enhancing the 200-hPa zonal wind on the northern flanks of two
165 anticyclones situated along the climatological axis of the EASWJ, and increasing
166 SWE over the western TP.

167 One must assess the question of causality between the sea-ice variability in
168 February and these circulation impacts^{24, 33}. For example, pre-existing circulation
169 anomalies might very well be the cause of the sea-ice loss as well as the cause of the
170 aforementioned impacts. First, the turbulent heat fluxes over the sea-ice loss region
171 are upward in February (Fig. 2a), indicating an oceanic influence upon the atmosphere.
172 Moreover, a lead-lag correlation analysis (Extended Data Fig. 2) indeed reveals a
173 pre-existing wave train in January that can be interpreted as quasi-stationary Rossby
174 waves trapped along the polar jet waveguide, and excited by an anomalous
175 upper-level Rossby wave source over the North Atlantic. The anticyclone in the
176 Barents-Kara Seas, as part of this wave train, advects anomalously warm air poleward
177 and promotes local sea-ice melt. Yet, the sea-ice loss reinforces the anticyclone and
178 promotes the wave train extension further eastwards into Eurasia in February. The
179 anomalous wave train does not persist to March but re-emerges in April. To
180 understand April re-emergence, we investigate the coupling with land surface
181 processes.

182 The snowpack on land is a slowly evolving component of the climate system,
183 intimately involved in the land-atmosphere coupling. The local coupling between

184 SWE and the overlying SAT, calculated as their monthly-mean correlation (Extended
185 Data Fig. 3), is largely negative over mid-latitude Eurasia in winter and over
186 high-latitude Eurasia in spring. In winter, SWE is effectively decoupled from SAT
187 over high-latitude Eurasia due to the persistently thick snowpack^{34, 35}. The regressed
188 negative SWE anomalies over mid-latitude Eurasia in February are maintained and
189 even strengthen in March (Extended Data Fig. 4). In April, they become increasingly
190 pronounced over the Ural region, coinciding with raised local SAT (Fig. 4a). Also,
191 over the Ural region, there is an anomalously reinforced, warm-core pressure ridge at
192 200 hPa (Figs. 4b and 4c: contours). This evidence is suggestive of positive feedback
193 by which the reduced SWE and warm anomalies help increase the frequency of Ural
194 blockings by enhancing anomalous baroclinicity on their northern flank (Fig. 4b and
195 Extended Data Fig. 5)³⁶; on the other hand, the presence of Ural pressure ridge
196 hinders the extension of the polar jet over Europe and favours reduced snowpack
197 (Extended Data Figs. 1b). Furthermore, there is a quasi-stationary Rossby wave train
198 across Eurasia, which consists of an enhanced Ural pressure ridge and a deepened
199 East Asian trough further east. A pronounced acceleration of 200-hPa zonal wind
200 emerges along the southern flank of the East Asian trough, which is indicative of a
201 stronger EASWJ (Fig. 4c).

202 Thus, the results confirm a spring (April) “Arctic-Ural-TP” teleconnection²⁸, and
203 the variability of February AASIC is a key driver of circulation anomalies particularly
204 over the “Pan-Third Pole”, referred as the Euro-Asian highlands and their
205 surroundings³⁷, modulating the intensity of EASWJ. It is also noteworthy that the
206 variability of April Ural SWE is closely correlated with that of February AASIC
207 (Extended Data Fig. 5a). The circulation anomalies related to low AASIC are well
208 represented by regressions onto a low Ural SWE index (Extended Data Fig. 6). It
209 further confirms that the land surface processes over the Ural region (namely the
210 snowpack) play a key role in conveying the memory of the AASIC impacts into the
211 spring months³⁸.

212

213 **Aerosol delivery to the TP.** We further explore the link between AASIC and 10 m

214 wind speed over the TP established by the aforementioned teleconnection. To this end,
215 we computed the lead-lag correlations of the month-to-month AASIC with April TP
216 10 m wind speed for 1979–2018. The latter was derived from two datasets: first, from
217 the weighted average of *in situ* observations at the 66 TP stations and, secondly, from
218 collocated reanalysis from the ERA-Interim. The April TP 10 m wind speed from *in*
219 *situ* and reanalysis data are significantly correlated, and both are linear related to
220 February AASIC (Supplementary Fig. 6). The time series of February AASIC and
221 April TP 10 m wind speed from the ERA-Interim are shown in Figure 2d.

222 Shifting focus to the “Pan-Third Pole”, the climatological distributions of
223 satellite-derived AOD at 550 nm/10 m horizontal wind and vertical-zonal wind along
224 28°N in April for 2003–2018 are respectively shown in Extended Data Figures 7a and
225 7b. In April, two major source regions of the aerosols that directly influence the TP
226 can be identified as the Taklamakan Desert and the IGP, respectively to the north and
227 the south of the TP². The prevailing surface winds are westerlies along the southern
228 flank of the Euro-Asian highlands and over the high-altitude TP, and northwesterly
229 winds in the IGP. The vertical-zonal cross-section along 28°N exhibits strong
230 westerlies in the upper troposphere and ascent on the windward slopes of the Iranian
231 Plateau and TP. The argument for how the low AASIC can modulate the aerosol
232 transport is illustrated in Figures 5a and 5b, which shows the corresponding
233 regression analysis based on the negative February AASIC index. The IGP and the
234 southern TP are respectively under the influence of strong surface northwesterly and
235 westerly anomalies, accompanied by anomalous upslope winds over the Himalayas.
236 Meanwhile, MODIS observations reveal an accumulation of elevated AOD values at
237 the southern edge of the TP (Fig. 5a: shaded).

238 We surmise that, first, the low AASIC-related, enhanced surface northwesterly
239 winds in the IGP are possibly relevant in accounting for the accumulation of aerosols
240 at the southern edge of the TP. Second, the low AASIC could strengthen the EASWJ
241 which extends westward toward the IGP and leads to surface northwesterly anomalies
242 in the IGP and anomalous upslope winds over the Himalayas presumably due to an
243 interaction of the flow with the topography (Figs. 5b and Extended Data Fig. 7d)³².

244 Taken together, it would be conducive to synoptic-scale or mesoscale processes that
245 carry the polluted air masses, mostly originating from the IGP, wafting over the
246 Himalayas and reaching the interior of the TP¹¹. The same regressions but using the
247 April TP 10 m wind speed index from the ERA-Interim supports that hypothesis,
248 elucidating the role of strong surface westerlies over the TP (Extended Data Figs. 7c
249 and 7d).

250 A better understanding of the transboundary transport of aerosols to the TP in
251 relation to the low sea ice (AASIC) can be obtained by contrasting the two months of
252 April 2016 and 2015, which respectively occurred during low and high AASIC years,
253 in terms of AOD as observed by MODIS and of 3-day backward air-mass trajectories
254 arriving at QOMS (Extended Data Fig. 8)⁶. The low-level trajectories (e.g., at heights
255 below 4 km before their ascent over the Himalayas) are the most relevant to interpret
256 the observed aerosol accumulation at QOMS. First, in 2016, due to surface
257 northwesterly anomalies in the IGP combined with a stronger EASWJ, the air masses
258 that arrived at QOMS were predominantly from the west, with the most abundant 3-D
259 clusters representing 39.5% of trajectories at the lower levels and 20% at the upper
260 levels. Air parcels belonging to the low-level cluster traversed a moderately polluted
261 IGP before encountering a heavily polluted region at the southern edge of the TP as
262 they moved upslope over the Himalayas. In comparison, in 2015, the two more
263 abundant clusters were from the south and at the lower levels (44.7% and 25.7%),
264 which indicate that the air masses travelled relatively slowly, originating closer to the
265 TP and arriving at QOMS after traversing lowly polluted southern slopes of the
266 Himalayas. Hence, larger values of fine-mode AOD were retrieved at QOMS in April
267 2016, compared to April 2015 (Fig. 2c), despite central India and the Arabian Sea
268 having overall higher AOD values according to MODIS in 2015 than in 2016. The
269 more intense low-level winds across the IGP in 2016 seemed to be important in
270 blowing polluted air eastwards, accumulating the pollutants on the southern fringes of
271 the Himalayas, as is also characteristics of April months in low sea-ice years (see Fig.
272 5a).

273 The trajectory analysis above highlights the importance of sustained surface

274 winds. The regression maps of February sea-ice concentration, April SWE and April
275 200-hPa geopotential height onto the April TP 10 m wind speed index from
276 ERA-Interim (Fig. 5c) also identifies an “Arctic-Ural-TP” teleconnection, involving a
277 reinforced Ural pressure ridge and a deepened East Asian trough at 200 hPa. All of
278 these are broadly similar to the corresponding AASIC-regressed fields (Figs. 2a, 4a
279 and 4c).

280

281 **Discussion**

282 The largest aerosol loading over the TP emerges in April, preceding the Indian
283 summer monsoon onset, a period when there are extensive forest fire and agriculture
284 residue burning emissions in South Asia (mainly in the IGP)^{9, 39}. This study
285 demonstrates that there is a connection between the delivery of the atmospheric
286 pollutants from South Asia to the TP in April and the variability of February AASIC.
287 We also emphasize the important linking role of the slowly evolving snowpack over
288 the Ural region. When a below-normal SWE persists to April, as caused by the low
289 sea ice in February weakening the polar jet, the Ural pressure ridge/East Asian trough
290 dipole that is part of a slowly propagating Rossby wave train along the polar jet get
291 reinforced. As a result, an intensified EASWJ is found at the southern edge of the TP,
292 which eventually strengthens upslope winds wafting up aerosols over the Himalayas
293 and inwards onto the TP.

294 It is not yet clear how much of aerosol loading could reach the TP in response to
295 AASIC decrease on the multi-annual and longer timescales. A principal obstacle to
296 quantitative analysis is the lack of sufficient *in situ* measurements of aerosols over the
297 TP and the “Pan-Third Pole”, at high spatial and temporal resolution^{2, 10}. Monitoring
298 of the aerosol loading over the TP has only been started in the recent decade. Future
299 studies should also include tracer transport modelling, a task that is beyond the scope
300 of the present investigation.

301 This study offers new perspectives on understanding the aerosol loading over the
302 TP. Local measurements cannot be understood in isolation, primarily because climate
303 change also affects the aerosol long-range transport to the TP. In the context of global

304 warming, winters with low AASIC, conducive to the accumulation of aerosols over
305 the TP, are more likely to be more common (see Fig. 2). Potential consequences might
306 include the demise of Tibetan glaciers^{13, 14}, as well as the deleterious effect of glacier
307 loss on freshwater supplies, a serious environmental risk. It is noteworthy that the TP
308 warming rate is more than two times the global warming rate over the past three
309 decades^{10, 15}. Therefore, the reduction of anthropogenic emissions is the only way that
310 might curb this environmental risk.

311

312 **References**

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444

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454 Observation and Research Station, Chinese Academy of Sciences for providing the
455 meteorological datasets.

456

457 **Author contributions**

458 F.L., X.W. and H.W. conceived of the study. F.L., X.W. and Y.J.O. conducted the
459 analysis. All authors contributed to the paper writing.

460

461 **Competing interests**

462 The authors declare no competing interests.

463

464 **Correspondence and requests for materials** should be addressed to F.L. and X.W.

465

466 **Methods**

467 **Measurement stations.** The Nam Co Monitoring and Research Station for
468 Multisphere Interactions is situated in the interior of the TP (30.77°N, 90.99°E, 4730
469 m above sea level). Its purpose is to acquire meteorological, ecological and
470 atmospheric measurements, and it has been operated since 2005⁴⁰. The Nam Co
471 region is surrounded by Nam Co Lake and the Nyainqêntanglha mountain. The
472 Qomolangma Atmospheric and Environmental Observation and Research Station
473 (QOMS) is located at the southern edge of the TP (28.36°N, 86.95°E, 4276 m above
474 sea level) and at the toe of Mt. Everest. In 2005, it was established for continuous
475 monitoring of the atmospheric and environmental processes in the Himalayas by
476 using a solar-electricity system⁴¹. Glaciers and high mountains are close to this region.
477 Under the influence of a harsh natural environment, both Nam Co and QOMS is far
478 from human activities, with scarcely atmospheric pollutant emission. The two stations
479 have been considered as clean background sites.

480

481 ***In situ* data.** The ground-based remote sensing of spectral AOD at Nam Co
482 (2006–2016) and QOMS (2009–2017) is provided by the AERONET (AERosol
483 RObotic NETwork) from CIMEL Sun photometer (CE 318)⁴². CE 318 measures sun
484 and sky luminance directly in 8 filters over visible to near-infrared wavelengths with a
485 1.28 full field of view every 15 minutes. The filters are at the wavelengths of 340, 380,
486 440, 500, 675, 870, 940, and 1020 nm, which needs 8 seconds to finish scanning. The
487 obtained spectral radiances are used to retrieval AOD based on Beer Law and other
488 parameters. This approximately decade-long data record has been pre- and
489 post-calibrated, automatically cloud screened⁴² and manually inspected. The accuracy
490 of AOD was estimated to be 0.01–0.02. For the detailed instrumentation, calibration
491 and data processing, they are discussed elsewhere⁴². The AE was determined from the
492 wavelength dependence of AOD between 440 and 870 nm²⁹.

493 We utilized the *in situ* records (2006–2016) of daily wind speed at Nam Co (at
494 1.5 m) and QOMS (at 2 m), which are conducted using the automatic weather station
495 system (Milos 520, Vaisala Co., Finland), and of daily precipitation at the two stations,

496 which are measured with WMO 20 cm manual precipitation gauge^{43,44}. We also used
497 the *in situ* observations (1979–2018) of monthly 10 m wind speed at the 66 stations at
498 the altitudes of more than 2600 m above sea level over the TP, provided by the
499 National Climate Center, China Meteorological Administration.

500

501 **Satellite and reanalysis data.** The monthly sea-ice concentration was retrieved from
502 the Met Office HadISST.2 (Hadley Centre sea-ice and sea surface temperature dataset;
503 1850–2018)⁴⁵, at 1°×1° horizontal resolution. We utilized monthly atmospheric fields,
504 including surface sensible and latent heat flux, SAT (at 2 m), 10 m zonal and
505 meridional wind, snowfall, zonal wind at 200 hPa, geopotential height at 200 and 500
506 hPa, tropospheric temperature, meridional and vertical wind, and daily geopotential
507 height at 500 hPa from the ERA-Interim reanalysis (1979–2018)⁴⁶. We used monthly
508 SWE from the ERA-Interim/Land reanalysis (a version without precipitation
509 correction; 1979–2018)⁴⁷. The horizontal resolution of atmospheric and land
510 reanalysis data were 1°×1°. We applied monthly level-3 dataset of MODIS (Moderate
511 Resolution Imaging Spectrometer) Aqua (MYD08_M3 version v6.1, corrected;
512 2003–2018)⁴⁸, to characterize atmospheric column AOD at 550 nm, at 1°×1°
513 horizontal resolution.

514

515 **Climatic indices.** The AASIC index was defined based on the area-weighted average
516 of sea-ice concentration along the sea-ice edge over the subpolar North Atlantic
517 (72°–85°N, 20°W–90°E). It is a region where sea-ice reductions are understood to be
518 especially effective at influencing the atmospheric circulations in the simultaneous
519 and subsequent months²⁶. The April TP 10 m wind speed indices stemmed from the
520 weighted average over the 66 TP stations of the *in situ* data, and from the
521 corresponding collocated average over (26°N–40°N, 74°E–104°E) of the
522 ERA-Interim reanalysis data. The statistically significant correlation between the two
523 indices indicated that the atmospheric reanalysis data has some realistic degree of skill
524 at reproducing interannual variability of the TP surface wind speed. The Ural snow
525 water equivalent (SWE) index was defined based on the area-weighted average of

526 SWE over the Ural region (40°–70°N, 20°–70°E).

527

528 **Methods.** Regressions were computed over the satellite era (1979–2018), and also for
529 2003–2018 due to the short-term MODIS AOD dataset. To emphasize the inter-annual
530 variability, the long-term trend has been removed prior to correlation and regression
531 analysis from all the fields and indices. The statistical significance was assessed using
532 a two-tailed Student's *t*-test. Blocking high events were defined as intervals in which
533 daily 500-hPa height exceeds one standard deviation above the monthly mean for
534 each grid cell over five consecutive days²⁰. The local frequency of blocking was
535 measured as the ratio between the number of blocked days and the total number of
536 days. The Rossby wave source was defined as $-v_x \cdot \nabla \zeta$; that is, $-\nabla \cdot v_x (\zeta + f)$ ⁴⁹. Here, v_x
537 is the divergence wind component, ζ is the absolute vorticity, and f is the Coriolis
538 parameter. The sea-ice edge is the climatological contour of 15% sea-ice
539 concentration. The axes of the polar and subtropical westerly jets are the maximum of
540 200-hPa westerlies over mid-high latitudes.

541 In order to investigate the origins and transport pathway of air masses arriving at
542 QOMS, 3-day backward trajectories starting at 1000 m above ground level were
543 calculated using the HYSPLIT (HYbrid Single-Particle Lagrangian Integrated
544 Trajectory) model⁵⁰ via TrajStat in MeteoInfo (<http://www.meteothink.org/>). The
545 gridded meteorological data used for the model were obtained from the Global Data
546 Assimilation System operated by NOAA with a horizontal resolution of 1°×1° and 23
547 vertical levels from 1000 to 20 hPa (<https://ready.arl.noaa.gov/gdas1.php>). For each
548 backward trajectory, the total run times were 72 hours with time intervals of 1 hour
549 during the whole measurement period.

550

551 **Data availability**

552 The *in situ* meteorological data at Nam Co and QOMS^{43, 44} are available from the
553 Institute of TP Research on reasonable request. The *in situ* meteorological data at the
554 66 TP stations are available from the National Climate Center, China Meteorological
555 Administration on reasonable request. The ERA-Interim/Land reanalysis data (a

556 version without precipitation correction)⁴⁷ is available from ECMWF on request. The
557 following publicly available data sources were used in this study:

558 AERONET⁴²: <https://aeronet.gsfc.nasa.gov>.

559 HadISST⁴⁵: <https://www.metoffice.gov.uk/hadobs/hadisst2>.

560 ERA-Interim⁴⁶:

561 <https://www.ecmwf.int/en/forecasts/datasets/reanalysis-datasets/era-interim>.

562 MODIS Aqua⁴⁸: <https://giovanni.gsfc.nasa.gov/giovanni>.

563

564 **Code availability**

565 All graphics were produced using NCAR Command Language version 6.40
566 (<https://www.earthsystemgrid.org/dataset/ncl.640.html>). Scripts are available at
567 Zenodo under the identifier <https://doi.org/10.5281/zenodo.3934144>.

568

569 **References**

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611 **Figure 1 | Aerosol and meteorological climatology at Nam Co and QOMS.** (a) The
612 elevation map of the “Pan-Third Pole”, including the TP, Pamir, Hindu Kush,
613 Tianshan, Iranian Plateau, Caucasus and Carpathians, and the geographical location of
614 Nam Co and QOMS. The average annual cycles of AOD 500 nm (black) and
615 fine-mode AOD 500 nm (orange) at (b) Nam Co and (c) QOMS. The average annual
616 cycles of surface wind speed (blue; unit: m s^{-1}) and precipitation (red; unit: mm) at (d)
617 Nam Co and (e) QOMS. The vertical bars indicate ± 0.5 standard deviation in (b-e).
618 The gray stripe marks the month that shows the peak AOD.

619 **Figure 2 | February AASIC change and climatic indices.** (a) The regressions of
620 February sea-ice concentration (shaded; unit: %)/surface turbulent (sensible + latent)
621 heat flux (contours; unit: 10^5 J m^{-2}) upon the negative February AASIC index for
622 1979–2018. Those values of turbulent heat flux exceeding 95% confidence interval
623 are denoted by gridding. The solid and dashed contours respectively indicate positive
624 and negative values here and hereafter. The red line marks the sea-ice edge. The time
625 evolutions of April AOD 500 nm (black), fine-mode AOD 500 nm (orange) and
626 surface wind speed (blue; unit: m s^{-1}) at (b) Nam Co and (c) QOMS. (d) The time
627 evolutions of the normalized negative February AASIC (black) and April TP 10 m
628 wind speed from the ERA-Interim (blue). The gray stripe marks the two years used
629 for contrasting analysis in Extended Data Figure 10.

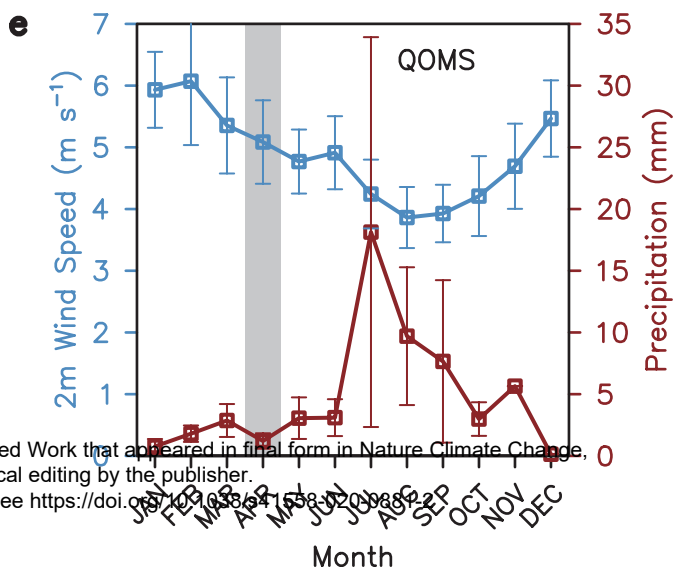
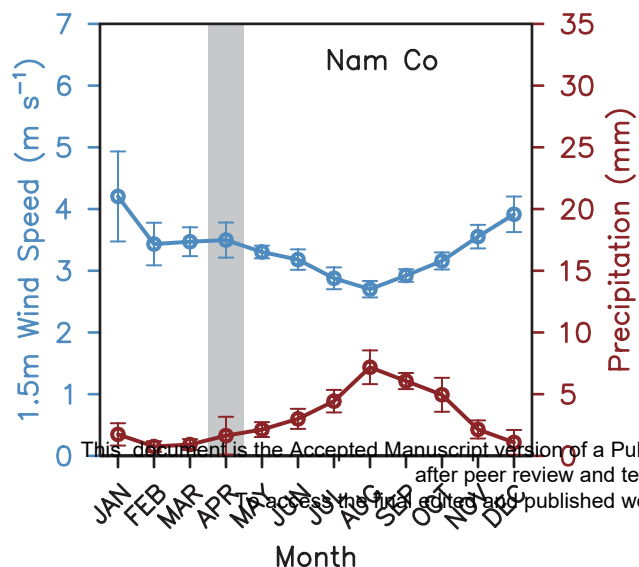
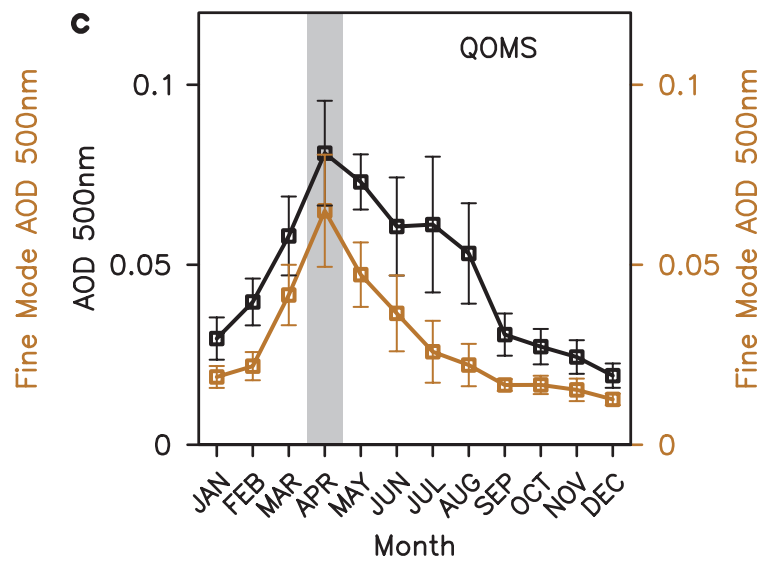
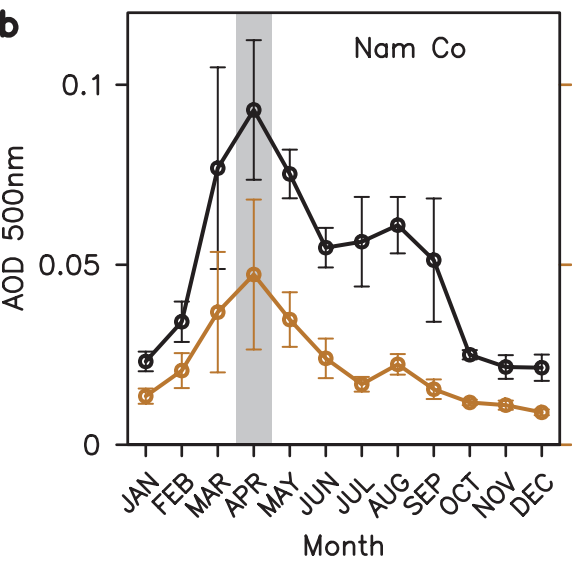
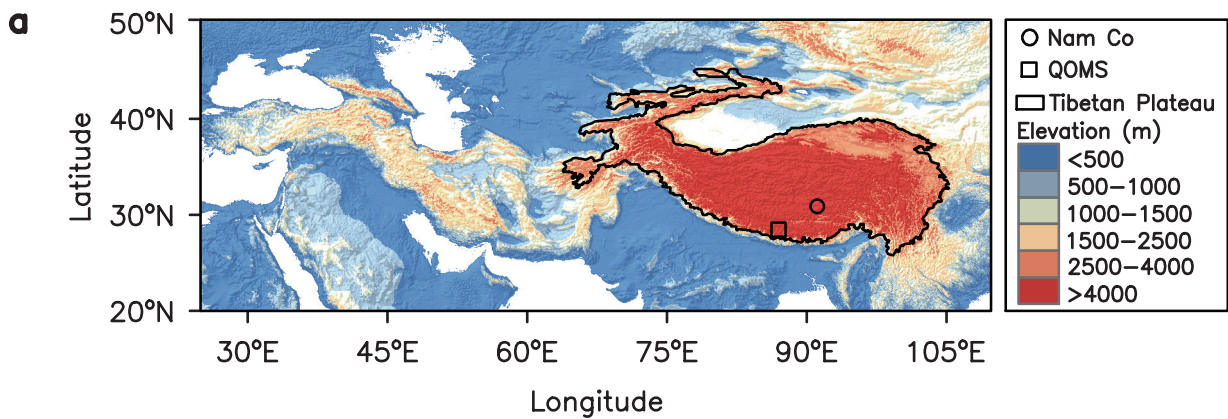
630 **Figure 3 | February snowpack, temperature and circulation anomalies linked to**
631 **low AASIC.** The regressions of February (a) snow water equivalent (shaded; unit:
632 cm)/2 m air temperature (contours; unit: $^{\circ}\text{C}$), (b) air temperature averaged between
633 600–200 hPa (contours; unit: $^{\circ}\text{C}$)/its meridional gradient (shaded; unit: $10^{-7} \text{ }^{\circ}\text{C m}^{-1}$)
634 and (c) zonal wind (shaded; unit: m s^{-1})/geopotential height (contours; unit: 10
635 m)/Rossby wave activity flux (vectors; unit: $\text{m}^2 \text{ s}^{-2}$) at 200 hPa upon the negative
636 February AASIC index for 1979–2018. Those values of (a) snow water equivalent, (b)
637 meridional temperature gradient and (c) zonal wind exceeding 95% confidence
638 interval are denoted by gridding. The vectors of Rossby waves are plotted where the
639 scales are greater than $0.4 \text{ m}^2 \text{ s}^{-2}$ in (c). The brown lines mark the axes of the
640 climatological polar and subtropical westerly jets here and hereafter. The thick black

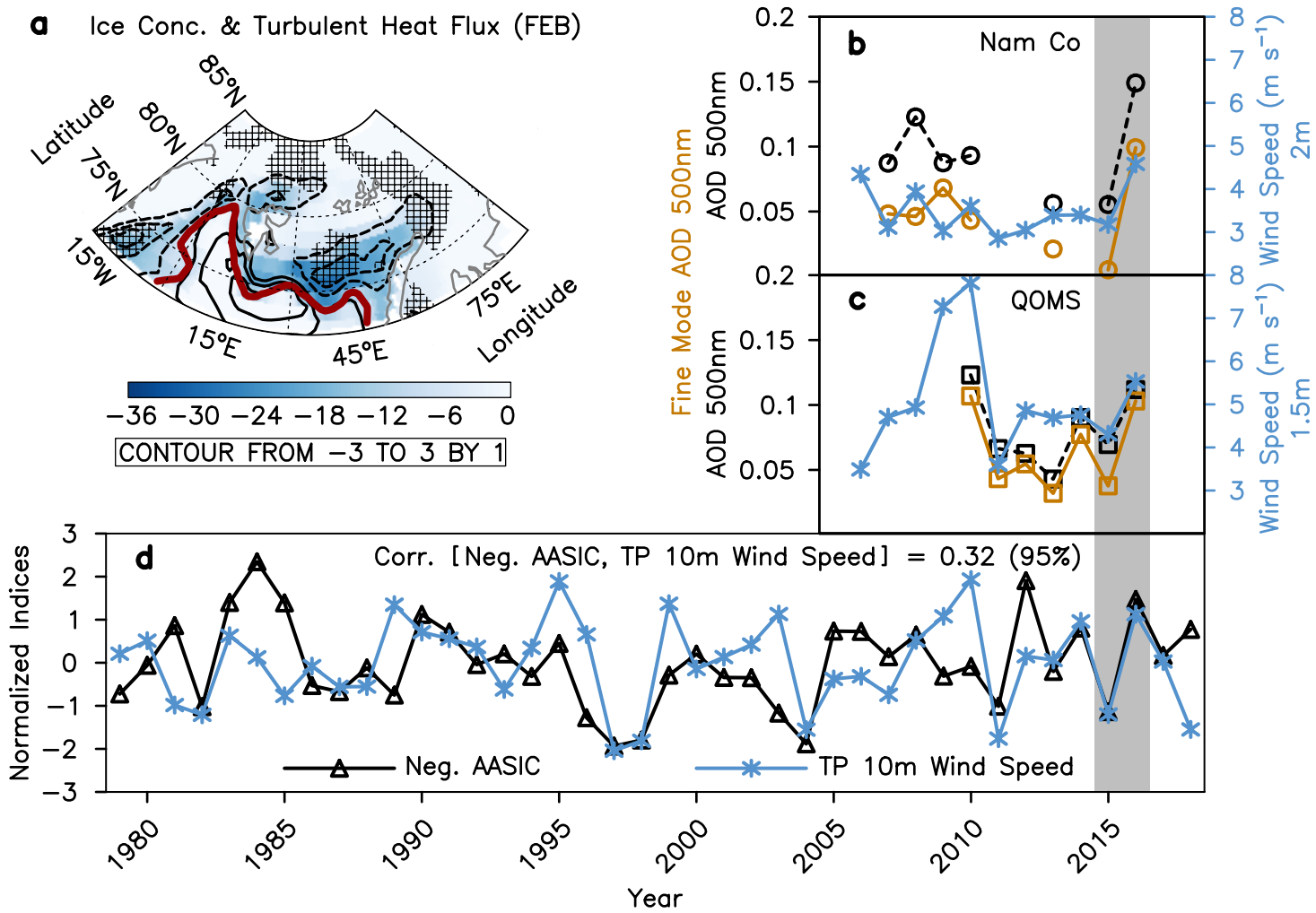
641 line marks the boundary of the TP, based on the altitude of 2600 m above sea level
642 here and hereafter.

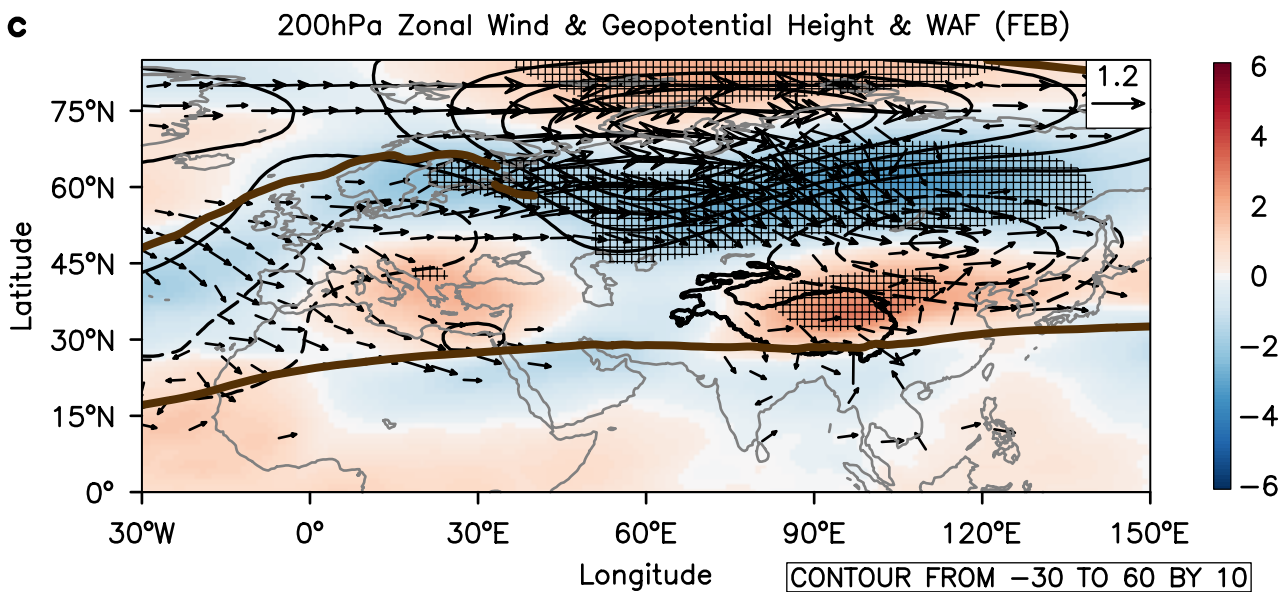
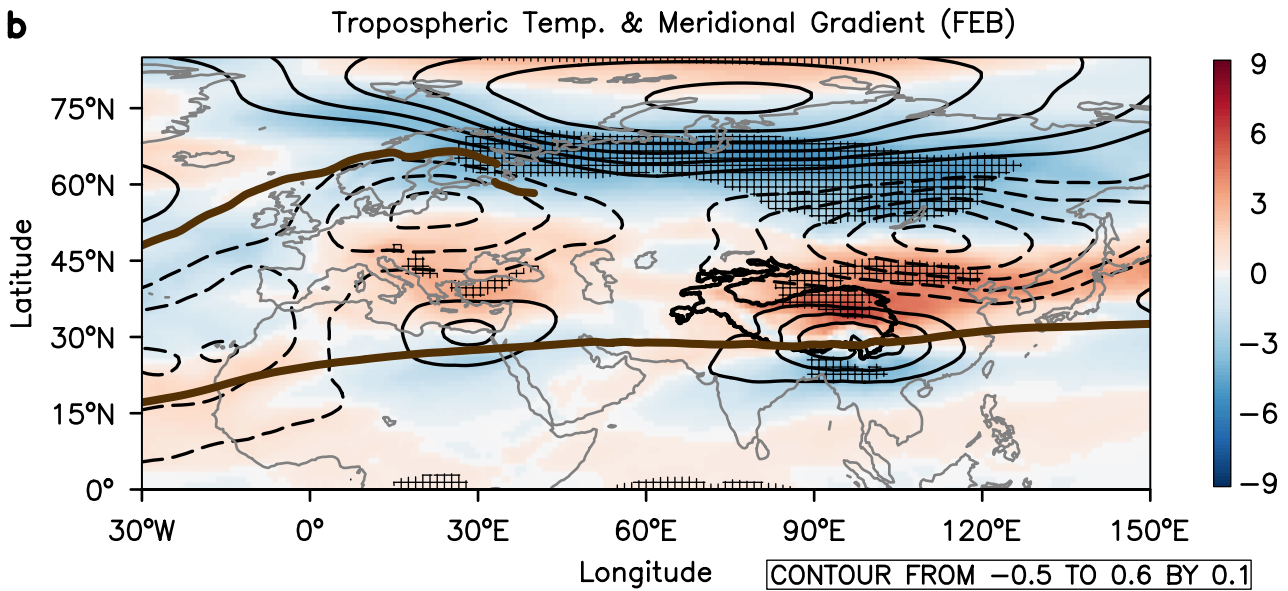
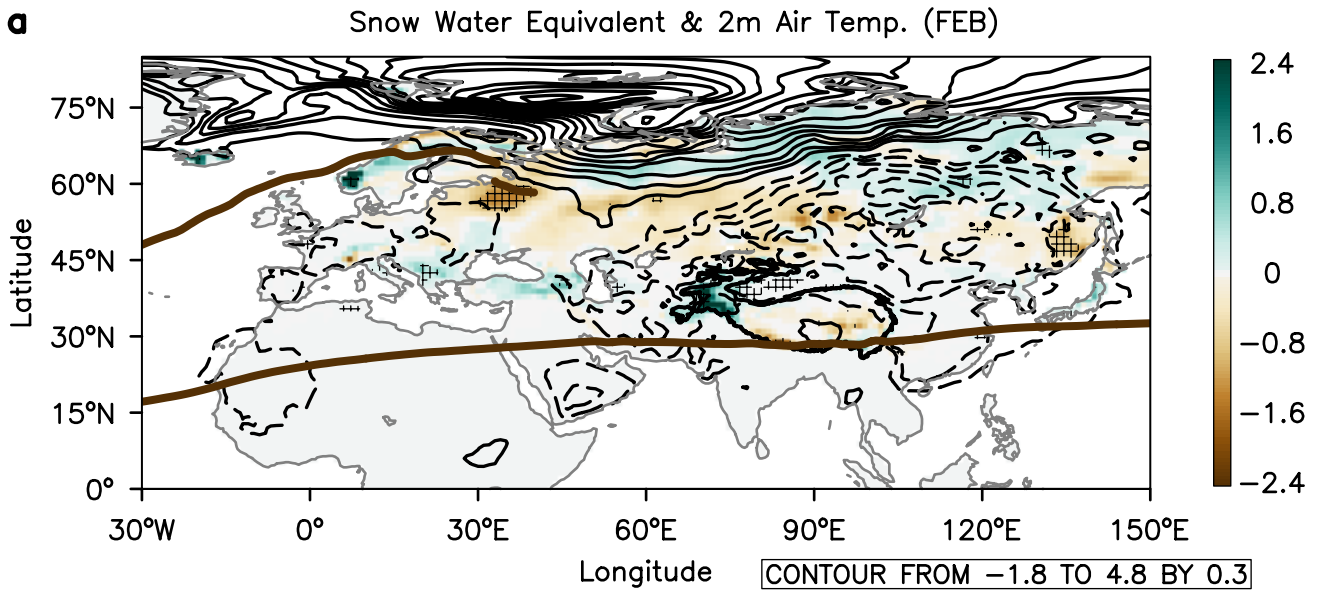
643 **Figure 4 | April snowpack, temperature and circulation anomalies linked to low**
644 **AASIC.** The regressions of April (a) snow water equivalent (shaded; unit: cm)/2 m air
645 temperature (contours; unit: °C), (b) air temperature averaged between 600–200 hPa
646 (contours; unit: °C)/its meridional gradient (shaded; unit: 10^{-7} °C m^{-1}) and (c) zonal
647 wind (shaded; unit: $m s^{-1}$)/geopotential height (contours; unit: 10 m)/Rossby wave
648 activity flux (vectors; unit: $m^2 s^{-2}$) at 200 hPa upon the negative February AASIC
649 index for 1979–2018. Those values of (a) snow water equivalent, (b) meridional
650 temperature gradient and (c) zonal wind exceeding 95% confidence interval are
651 denoted by gridding. The vectors of Rossby waves are plotted where the scales are
652 greater than $0.4 m^2 s^{-2}$ in (c). The rectangular box marks the “Pan-Third Pole” region.

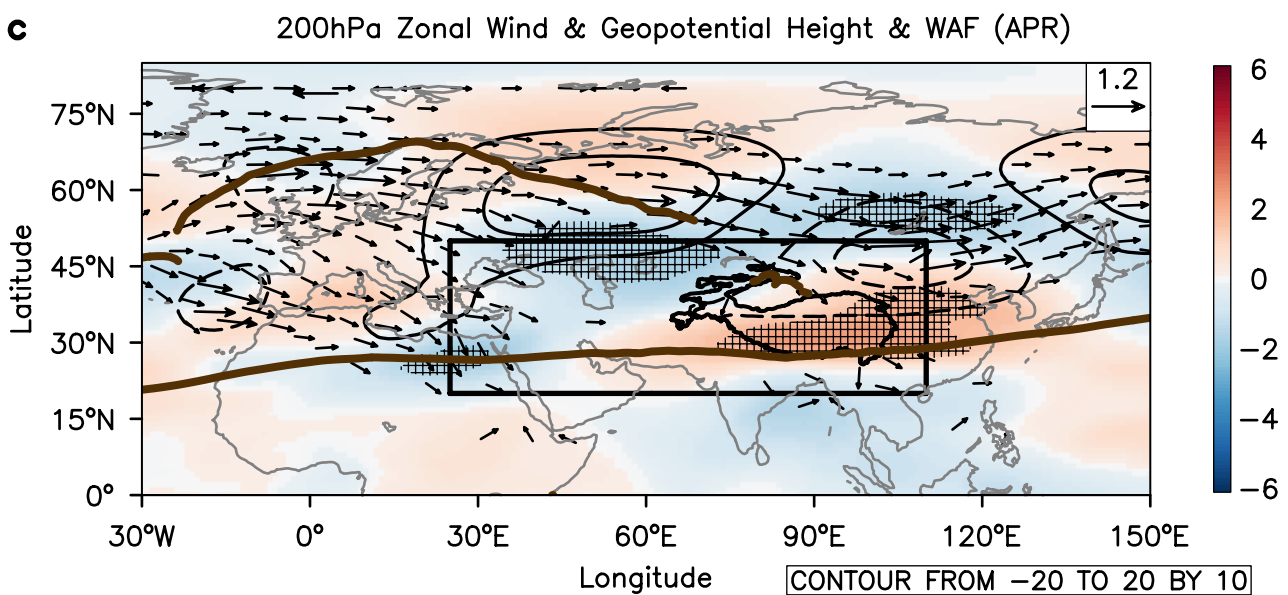
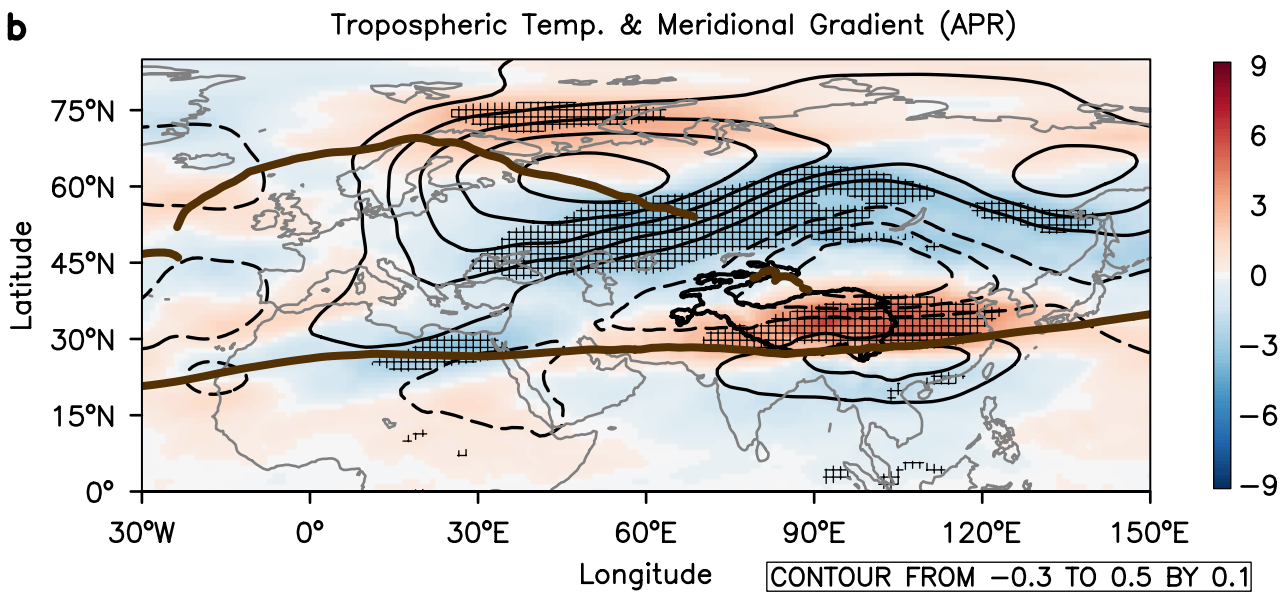
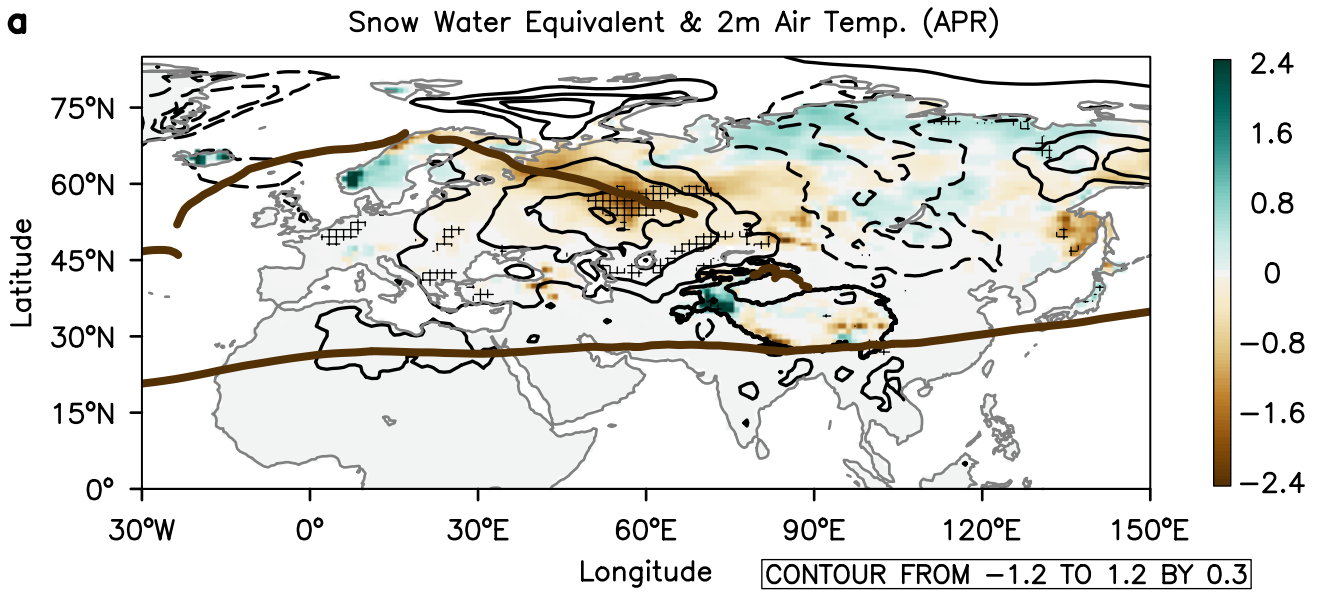
653 **Figure 5 | April horizontal and vertical circulation anomalies over the**
654 **“Pan-Third Pole” linked to low AASIC and schematic representation of the**
655 **Arctic-Ural-TP teleconnection.** The regressions of April (a) 10 m horizontal wind
656 (vectors; unit: $m s^{-1}$) and AOD 550 nm observed by MODIS (shaded) and (b)
657 vertical-zonal wind (vectors; unit: $m s^{-1}$) and vertical velocity (shaded; unit: $m s^{-1}$)
658 along 28°N upon the negative February AASIC index for 2003–2018. The circle and
659 square respectively mark the locations of Nam Co and QOMS in (a). The vertical
660 component is multiplied by 100 in (b). Topography is shaded by black in (b). The
661 vectors of horizontal wind and vertical-zonal wind are plotted where the scales are
662 respectively greater than $0.1 m s^{-1}$ in (a) and $0.4 m s^{-1}$ in (b). (c) The regressions of
663 February sea-ice concentration (shaded; unit: %)/April snow water equivalent (shaded;
664 unit: cm)/April geopotential height at 200 hPa (contours; unit: 10 m) upon the April
665 TP 10 m wind speed index from the ERA-Interim for 1979–2018. Those values of (a)
666 AOD/(b) vertical-zonal wind and (c) geopotential height respectively exceeding 95%
667 and 99% confidence intervals are denoted by gridding.

668

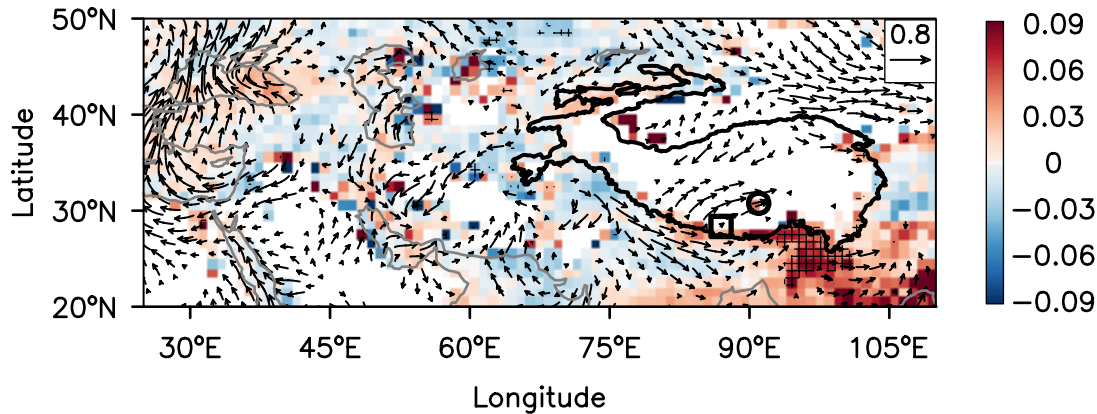




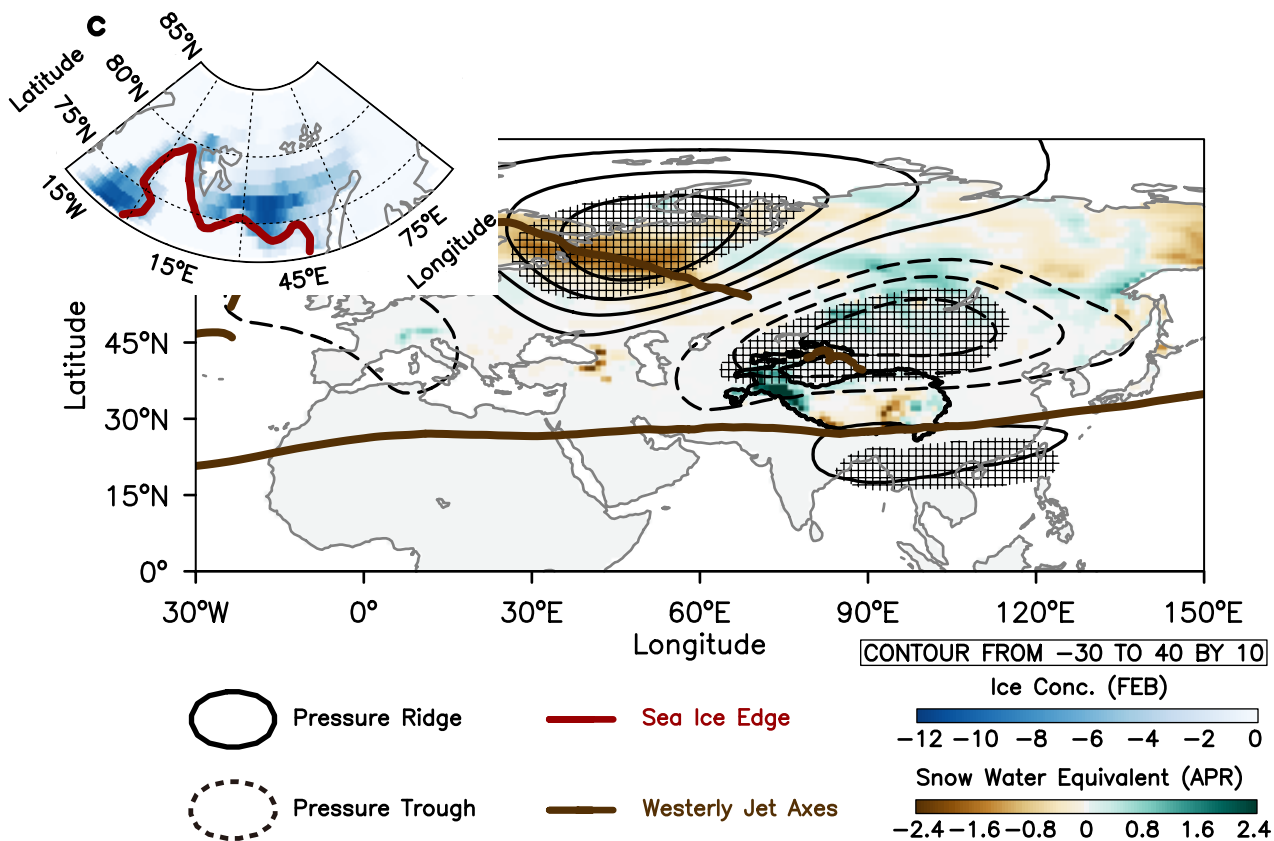
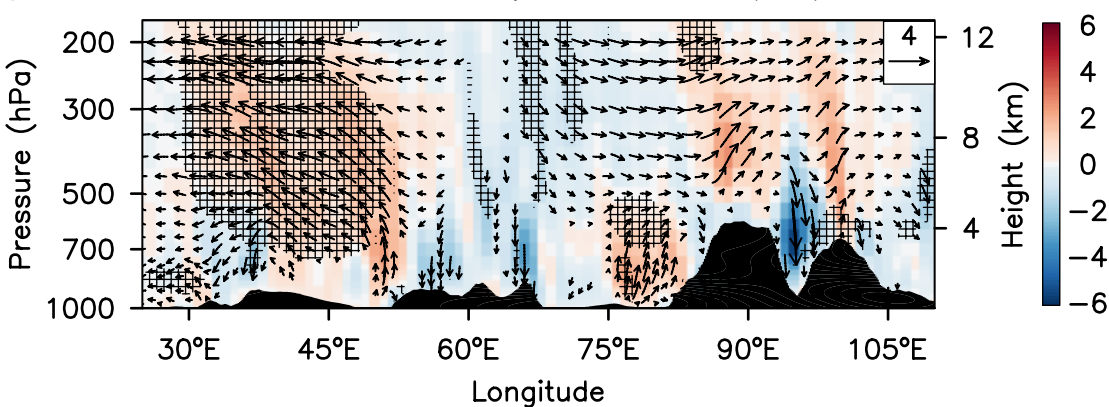


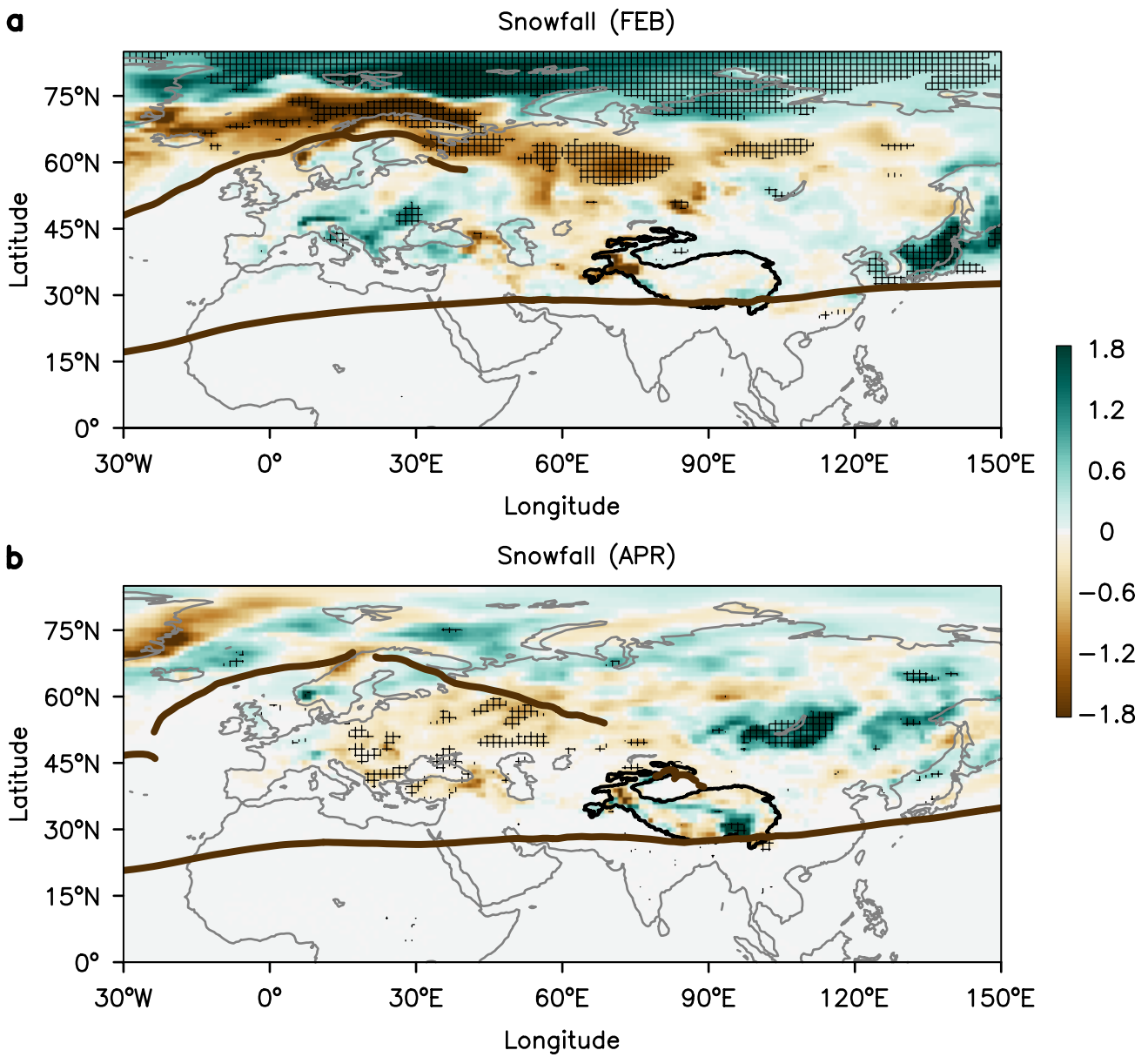


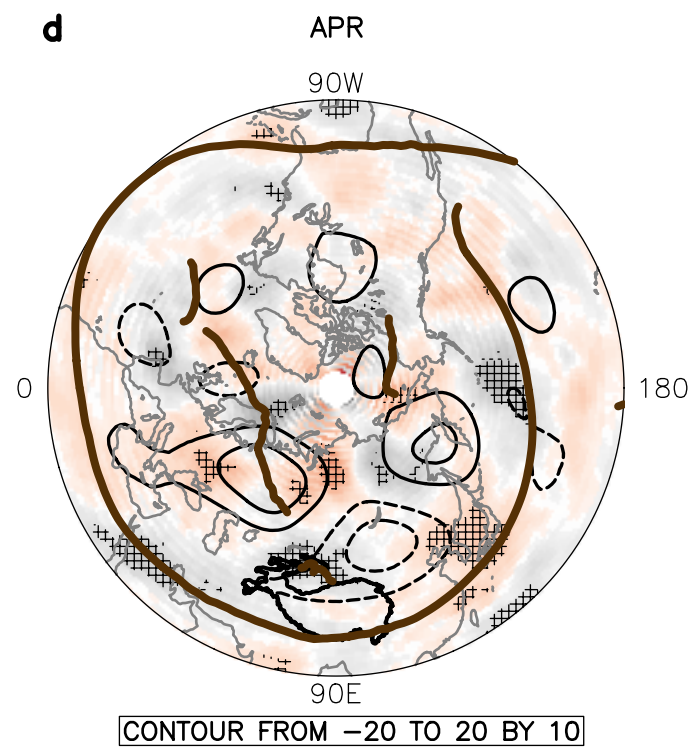
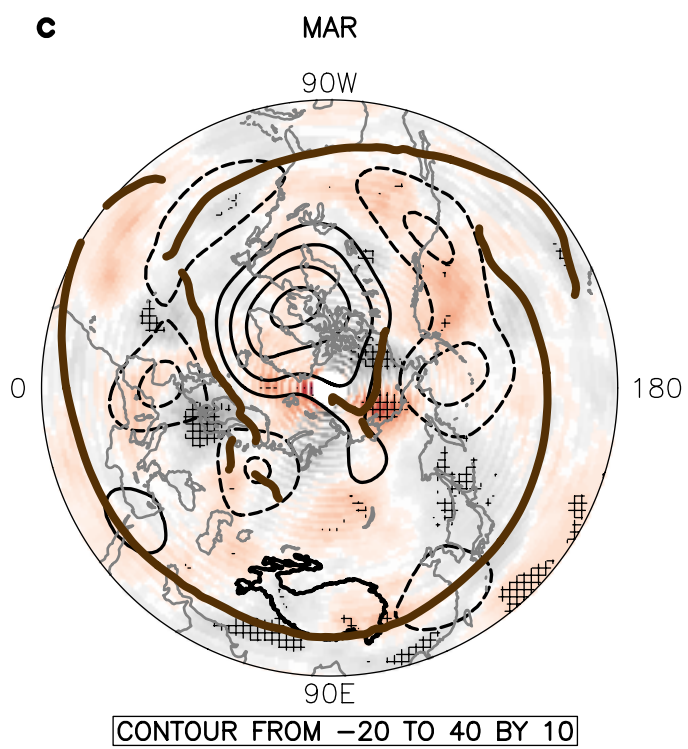
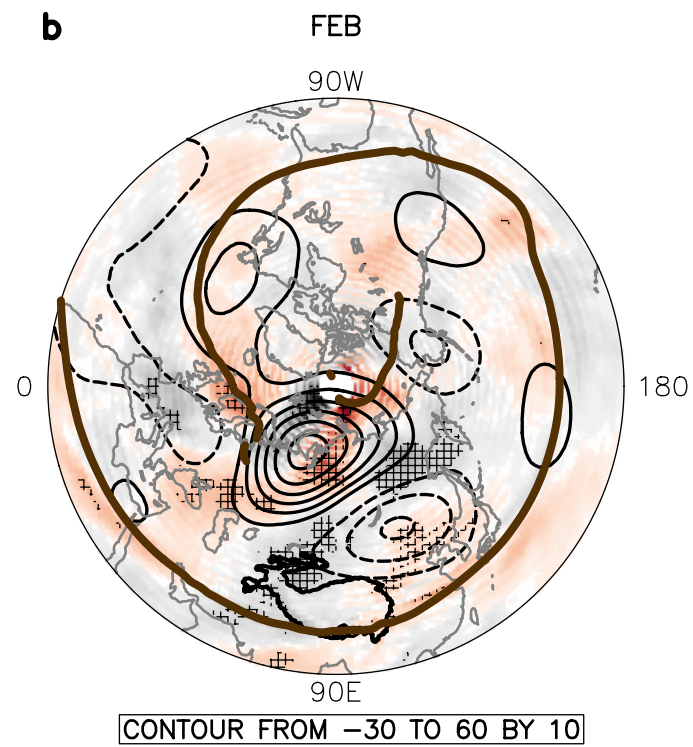
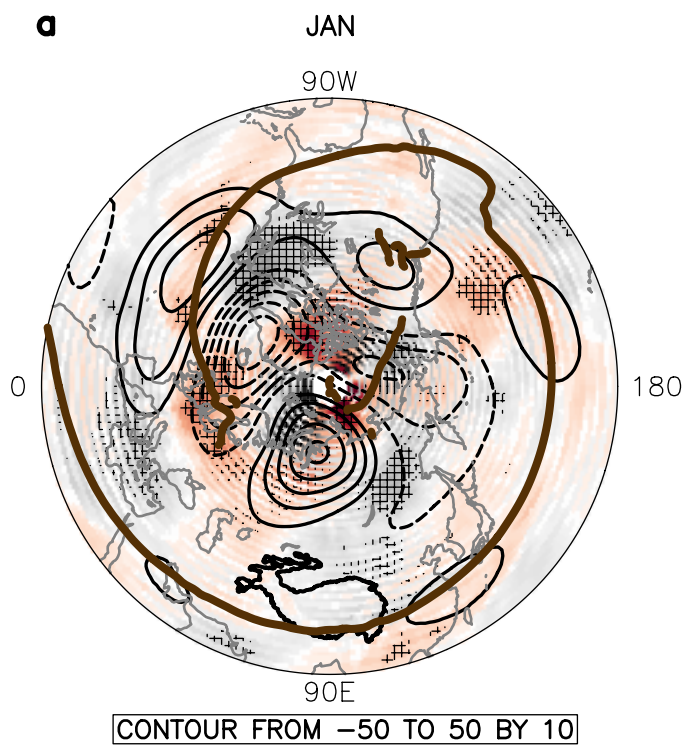
a 10m Horizontal Wind & MODIS AOD 550nm (APR)

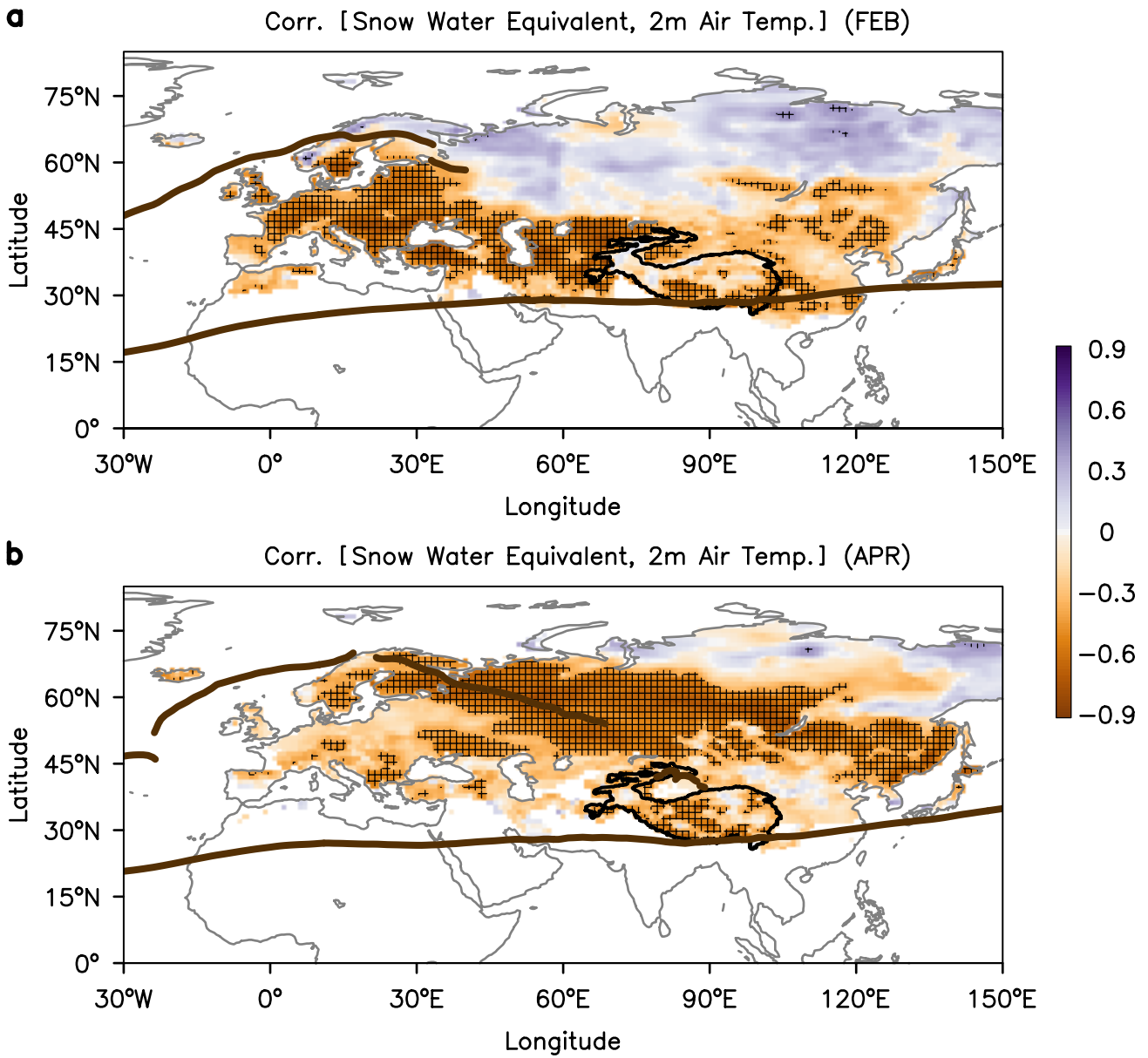


b Vertical Velocity & Zonal Wind (APR)

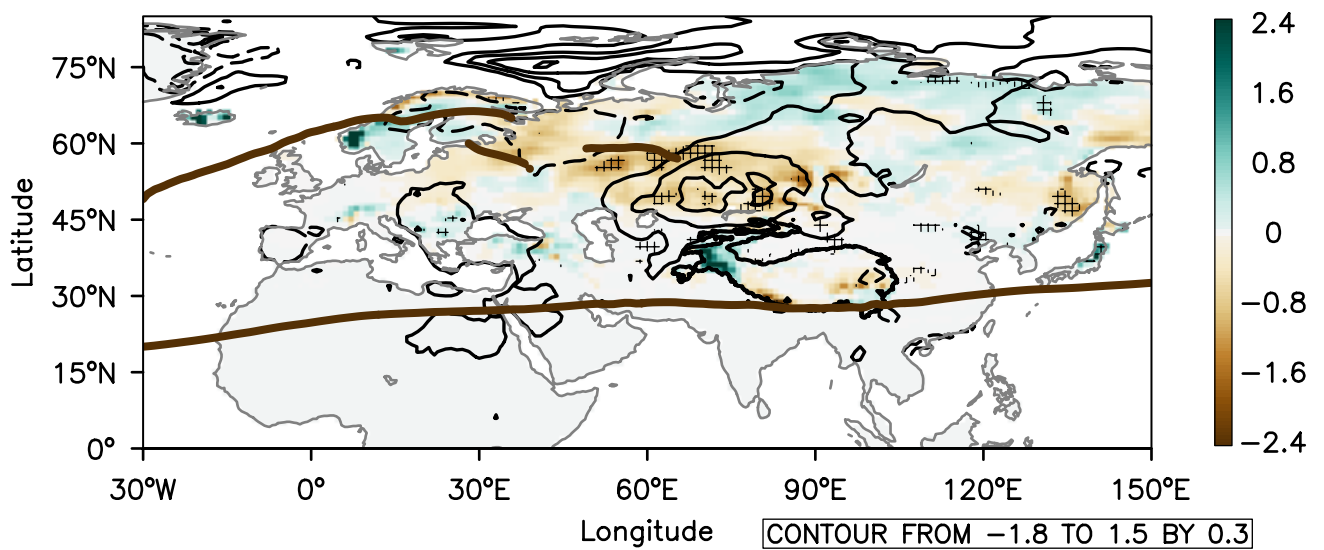


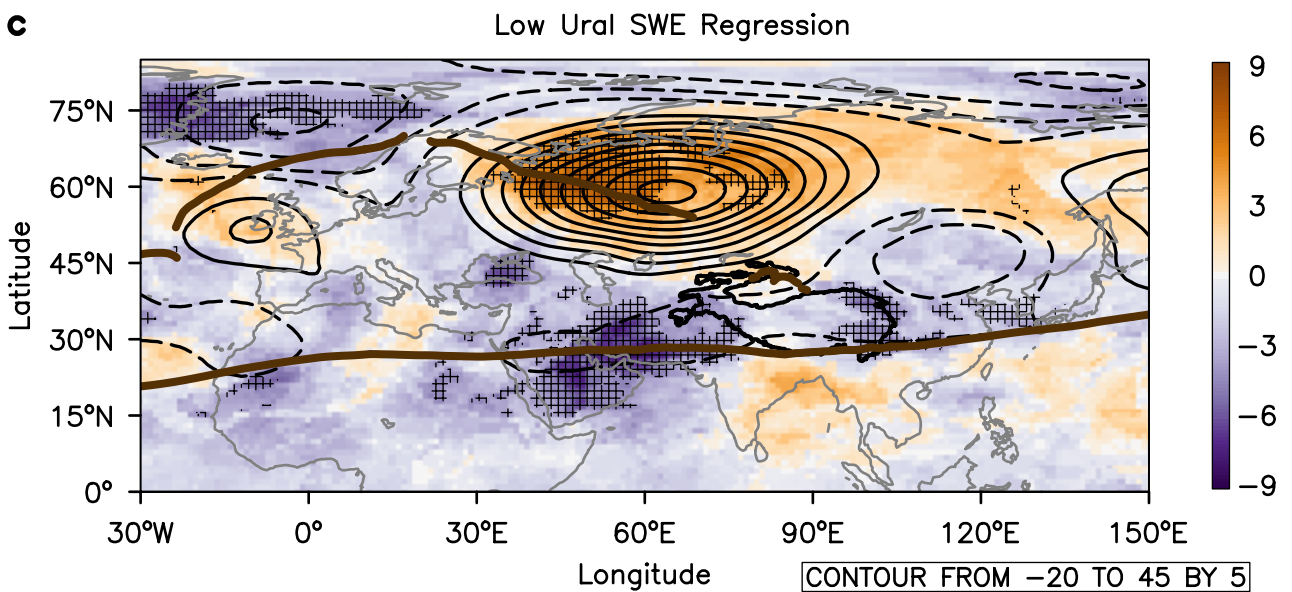
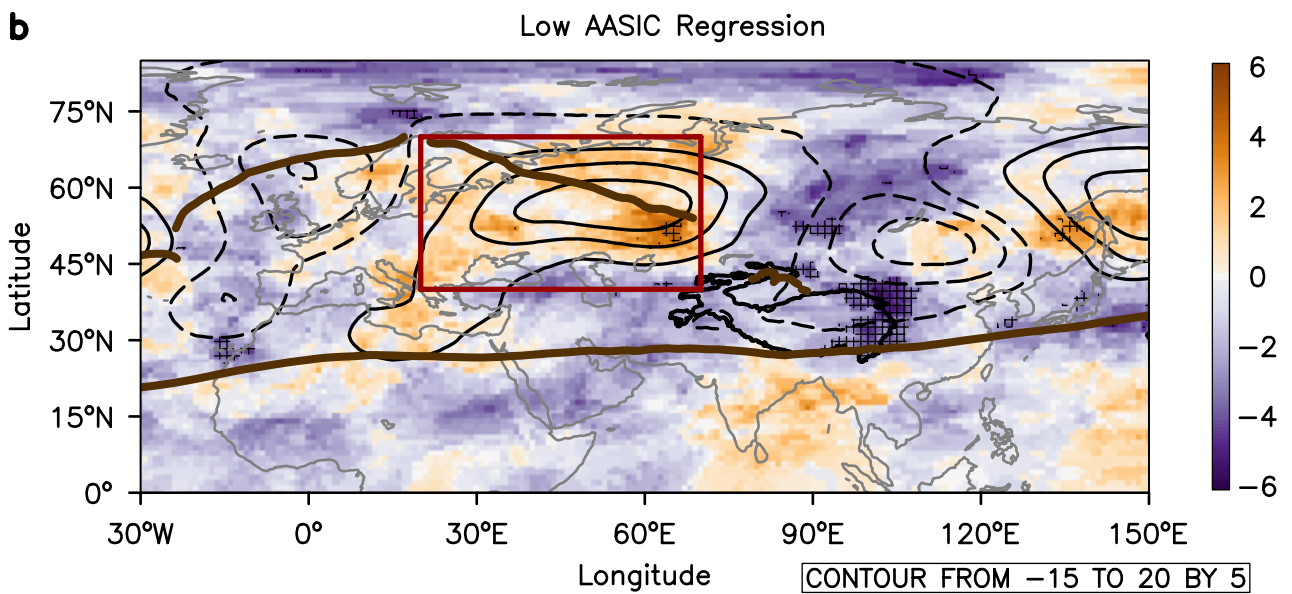
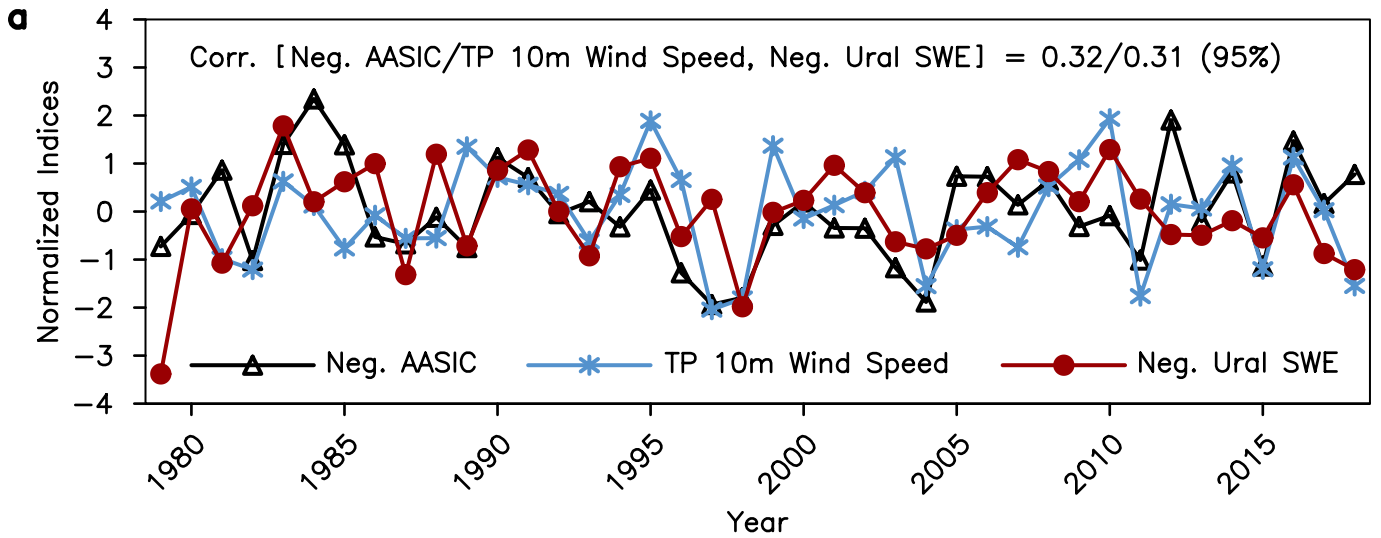




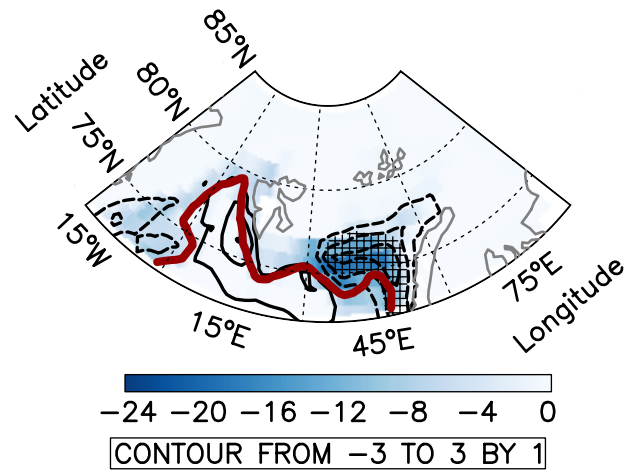


Snow Water Equivalent & 2m Air Temp. (MAR)

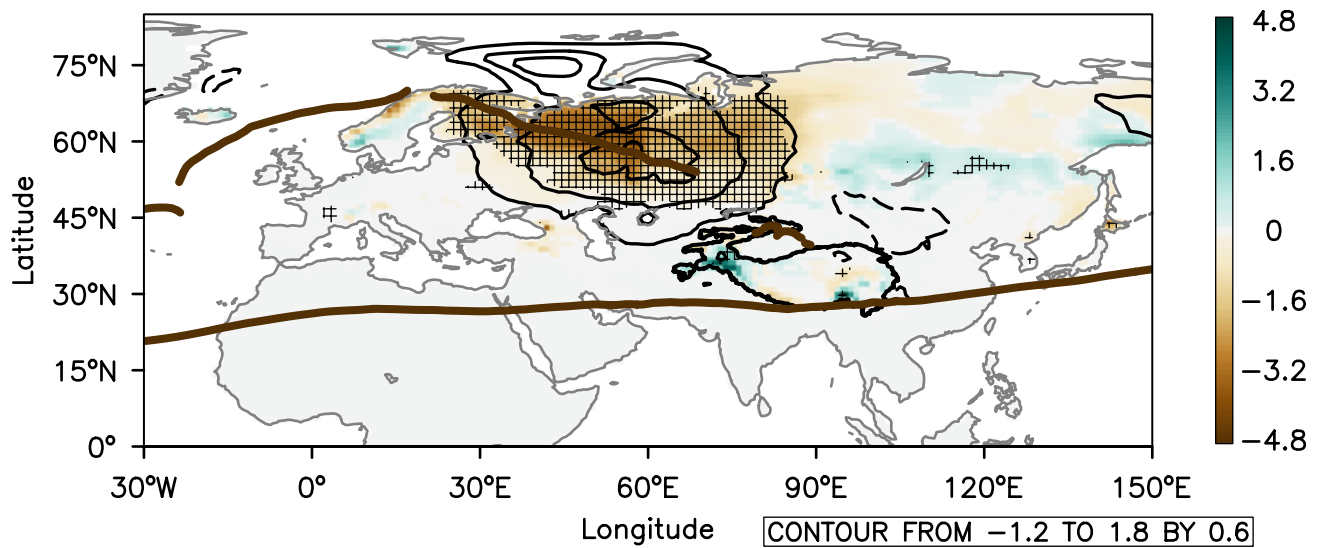




a Ice Conc. & Turbulent Heat Flux (FEB)



b Snow Water Equivalent & 2m Air Temp. (APR)



c 200hPa Zonal Wind & Geopotential Height & WAF (APR)

